



June 22, 2012

## Symbicort<sup>®</sup> Maintenance And Reliever Therapy for Treatment of Adult Bronchial Asthma Approved in Japan

**Tokyo, Japan, June 22, 2012** – Astellas Pharma Inc. ("Astellas", headquarters: Tokyo; President and CEO: Yoshihiko Hatanaka) and AstraZeneca K.K. ("AstraZeneca", headquarters: Osaka; Representative Director and President: Paul Hudson) today announced that Symbicort<sup>®</sup> Turbuhaler<sup>®</sup> for the treatment of adult bronchial asthma, currently used for maintenance therapy, has been granted additional approval in Japan for new dosage and administration on an as-needed basis used for reliever therapy.

Symbicort<sup>®</sup> Turbuhaler<sup>®</sup> was launched in January 2010 in Japan as a twice-daily dry-power combination inhaler for asthma treatment. In addition to its existing approval for regular twice-daily use, the approval for use as an as-needed reliever therapy specifies one inhalation at onset of an asthma attack with the ability for one further inhalation after a few minutes if the attack persists. This can be continued as needed to a maximum of six inhalations for each attack.

One dose administered by an inhaler (Symbicort<sup>®</sup> Turbuhaler<sup>®</sup>) combines 160 $\mu$ g of budesonide, an inhaled corticosteriod, and 4.5 $\mu$ g of formoterol fumarate hydrate, a rapid and long acting  $\beta_2$  agonist.

Symbicort<sup>®</sup> Turbuhaler<sup>®</sup> is a single drug treatment that is highly effective in countering both of the causes of bronchial asthma, airway inflammation and airway narrowing. Many asthma patients report having experienced a worsening of inflammation causing manifestation or aggravation of symptoms due to irritation from triggers such as seasonal temperature changes and virus infections. Thanks to this approval for as-needed use in addition to regular use for maintenance therapy, it is now possible to rapidly and simultaneously intensify anti-inflammatory treatment and relieve symptoms such as coughing, wheezing and shortness of breath caused by worsened inflammation, permitting suffering asthma patients to exercise long-term control over their condition.

Symbicort<sup>®</sup> Turbuhaler<sup>®</sup> was first approved in Sweden in 2000, and is now approved in more than 100 countries and regions. Astellas and AstraZeneca are committed to further improve treatments for bronchial asthma.

## PRODUCT SUMMARY

Product name:	Symbicort <sup>®</sup> Turbuhaler <sup>®</sup> 30 doses
	Symbicort <sup>®</sup> Turbuhaler <sup>®</sup> 60 doses
Generic name:	Budesonide
	Formoterol Fumarate Dihydrate
Approval date:	October 16, 2009
NHI pricing list date:	December 11, 2009
Launch date:	January 13, 2010
Dosage form:	Dry powder for inhalation
Indication and Usage:	Bronchial asthma (when a combination of an inhaled steroid and a
	long-acting inhaled $\beta_2$ agonist is necessary)
Dosage and administration:	The usual maintenance dose is one inhalation (equivalent to 160 $\mu$ g budesonide and 4.5 $\mu$ g formoterol fumarate dihydrate) twice daily
	via inhalation. The maintenance dose may be adjusted according to symptoms, but the maximum daily maintenance dose should not
	exceed 4 inhalations twice daily (8 inhalations in total: equivalent to
	1280 $\mu$ g budesonide and 36 $\mu$ g formoterol fumarate dihydrate).
	Patients receiving a maintenance dose of 2 inhalations twice daily or
	lower, can take additional inhalations as needed in response to
	asthma attacks. Patients using this product as maintenance and
	reliever should take one inhalation in response to asthma attacks. If
	the attack persists after a few minutes, an additional inhalation
	should be taken. This is repeated as necessary, but not more than
	6 inhalations should be taken on any single occasion.
	The maximum daily dose including maintenance dose and as-
	needed inhalations should be usually 8 inhalations in total, however
	a total daily dose of up to 12 inhalations (equivalent to 1920 $\mu$ g
	budesonide and 54 $\mu$ g formoterol fumarate dihydrate) can be used
	temporarily.
Producer and distributor:	AstraZeneca K.K.
Sales agency:	Astellas Pharma Inc.

## Contacts for inquiries or additional information:

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