



# BEYOND CKD

Unveiling the hidden truth of anaemia

## ABOUT THE SURVEY

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Beyond CKD: Unveiling the hidden truth of anaemia is a survey that was developed to better understand nephrologists' and patients' perspectives on the burden of anaemia of chronic kidney disease (CKD) and the daily impact of living with the condition.

**Four core areas explored, include:**

1. the **diagnosis** of anaemia of CKD
2. the **management** of anaemia of CKD
3. how anaemia of CKD affects patients' **quality of life**
4. the **relationship** between patients and nephrologists

## METHODOLOGY

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The survey was conducted on behalf of Astellas Pharma Europe Ltd. by the Research Partnership between January and February 2020.

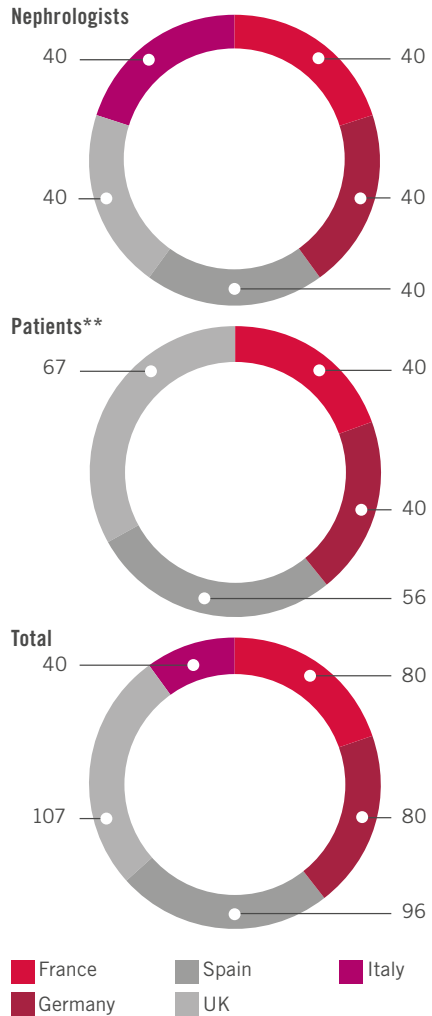
Participants were recruited via online panels and were eligible if they were:

- a patient diagnosed with anaemia of CKD
- a nephrologist practicing for at least 2 years who sees a minimum of eight patients on treatment for anaemia of CKD from stages 3+\*

Participants took part in a 25-minute online quantitative survey.

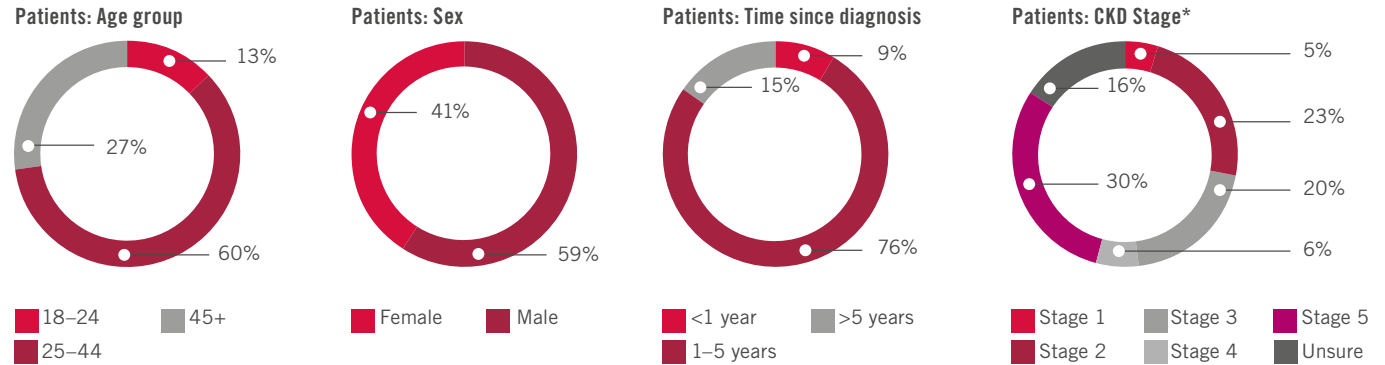
## PARTICIPANTS

There were 403 participants from five European markets:



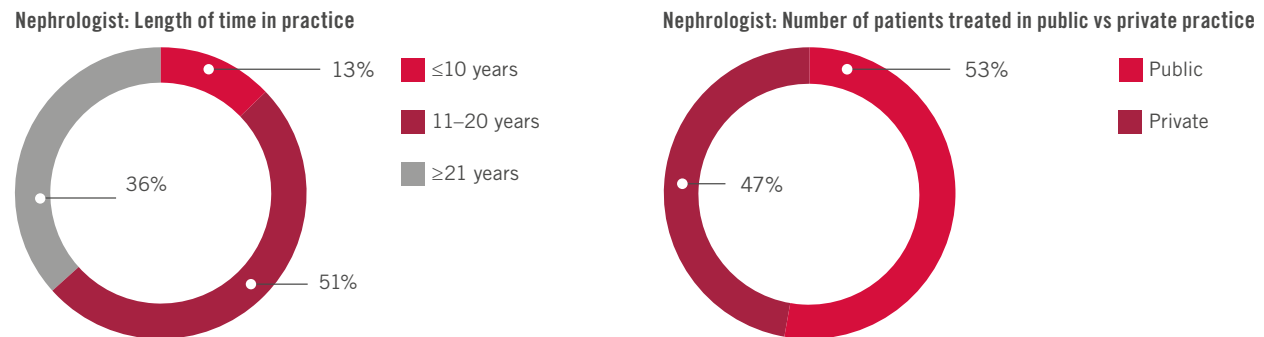
## PATIENT DEMOGRAPHICS

The patients who took part in the survey came from every stage of the CKD patient journey and the majority had been diagnosed with CKD several years ago.



## NEPHROLOGIST DEMOGRAPHICS

The nephrologists who took part in the survey were experienced with 87% having spent more than 10 years working as nephrologists. On average they actively managed 182 CKD patients and 113 patients with anaemia associated with CKD each month and spent 87% of their time treating patients.



A total of 200 nephrologists and 203 patients with anaemia associated with CKD were surveyed.  
 \*CKD stage: stage 1= kidney damage, normal function; stage 2= kidney damage, mild loss of function; stage 3 = moderate to severe loss of kidney function;  
 stage 4= severe loss of kidney function; stage 5= kidney failure, need treatment to live!  
 \*\*Due to national regulations, Astellas did not undertake research with patients in Italy

1. National Kidney Foundation. Glomerular filtration rate: A key to understanding how well your kidneys are working. Available from: [https://www.kidney.org/sites/default/files/docs/11-10-1813\\_abe\\_patbro\\_gfr\\_b.pdf](https://www.kidney.org/sites/default/files/docs/11-10-1813_abe_patbro_gfr_b.pdf) [Last accessed: August 2020.]  
 Astellas Pharma, CKD anaemia patient and nephrologist market research, Data on File NEPH\_2020\_0145