Health-related Final Target

Indicators related to the Status of Health Investment Measures

Participation rate
Program participation rate
Secondary health examination rate
Cancer examination rate
System usage rate
Seminar and e-learning participation rate
Stress check completion rate
e-learning attendance rate
Changes in people overworking
Paid leave acquisition rate
Ratio of those eligible

Indicators related to Employees' Changing Awareness and Behavior

Interviews about lifestyle habits
Improved examination rates
Engagement (stress checks)

Health Investment Effects

Health Investment

Subsidized health examination costs
Introduce a health management system
Health Management Office (company physicians/health staff)
External EAP
Introduce leave system
Prepare hybrid working environments
Introduce global attendance system

Supporting Health

Health-Up Program (including smoking cessation measures)
Measures for stiff shoulders and back pain
Subsidiaries for cancer examinations and secondary health examinations
Support for both medical treatment and work
Health promotion seminars (including for mental health)

Creating Safe and Secure Workplaces

Stress checks
Anti-harassment measures
Overwork measures
Encouraging employees to take paid leave
Introduce a super-flex time system

Work Style Reform

Supporting Health

Measures for stiff shoulders and back pain
Subsidiaries for cancer examinations and secondary health examinations
Support for both medical treatment and work
Health promotion seminars (including for mental health)

Health Investment Effects

Indicators related to the Status of Health Investment Measures

Participation rate
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Indicators related to Employees' Changing Awareness and Behavior

Interviews about lifestyle habits
Improved examination rates
Engagement (stress checks)

Health-related Final Target

Improved rate of lifestyle habits
Improved employee productivity (presenteeism)
Improved workplace support systems
Reduction in number of people overworking
Improvement in paid leave acquisition rate
Improved employee engagement

Management Issues Seeking Resolution in Health Management

Organizational health
Pursuing organizational health through the support of diverse work styles and the promotion of employee health, ensuring all employees enjoy physical and mental wellbeing, thus enabling them to strive for even greater productivity.